

**University of Minnesota
Academic Health Center
Center for Spirituality and Healing**

**Complementary Therapies and Healing Practices
CSpH**

PROGRAM OF STUDY: Integrative Health Leadership in Diverse Settings

OVERVIEW STATEMENT:

This series of three semester courses prepares students from a variety of professional backgrounds for a role in integrative health leadership in diverse settings. The course of study combines didactic and clinical learning modalities, builds upon a student's unique professional background and the latest knowledge in the care of persons, families and communities with health, wellness and healing issues and concerns. The first semester orients the student to the philosophies and theologies of healing practices from antiquity to present and the assumptions in these systems. The second and third semesters focus on direct clinical practice with clients and families in various professional settings in hospitals, clinics, congregations, schools or other agencies. This twelve credit program provides one unit of clinical pastoral education (CPE) for students desiring this credential.

SEMESTER ONE

Course I: PHILOSOPHIES and THEOLOGIES OF HEALING PRACTICES

Prerequisite: Admission to the Certificate Program or permission of the instructor

Credit Allocation: 2 (Didactics)

Instructors: David Carlson, Barbara Leonard

Course Description/Format:

This course traces perspectives of health, illness, healing and healers from antiquity to the present with an emphasis on developments in the 20th century. The course considers the convergence of intellectual movements in physics, spirituality and health care. The empirical evidence for the relationship between spiritual practices and health outcomes is discussed. Students examine their philosophy of health and healing with implications for their roles as healers and leaders for well-being.

This course is taught as a lecture/seminar format. Student reading and written assignments will be used in class discussion. The assigned readings and written assignments are incorporated into the topical outline by week. For each of the classes or series of classes objectives guide the student's learning. These objectives correspond to the overall course objectives.

Course Objectives:

UM 000460

The student will:

1. Discuss the philosophy and development of healing systems and practices in the west.
2. Describe the implications of significant spiritual/theological movements and individuals in the west in the 20th century for health care in the 21st century.
3. Contrast the philosophy, epistemology and methodology of biomedicine with another healing tradition's philosophy, epistemology and methodology, in order to create a practical synthesis for appropriate integration in their own professional practice.
4. Identify and describe significant advances in modern physics influencing both health sciences and theology.